

Athletic Directors and Coaches,

This year the PSAA Baseball League will be using the NYSPHSAA guidelines as they pertain to pitch counts. The guidelines have been adopted by NYSAIS and are required for all member schools to follow. Below, please find an outline regarding the PSAA policies and protocols for pitch count tracking and reporting.

Procedure:

- All teams are required to bring a dual pitch counter (provided by the league) to each game
- Teams will use the pitch counter to count pitches for both teams
- All teams must also bring NYSPHSAA pitch count sheets to each game
  - o Teams are recommended to use two sheets, to count pitches for both teams
- Scorers will sit at a common scoring area, or on the home team's bench, and score the game and count pitches together
- At the end of each half inning, scorers will meet with their respective coach to inform them of the pitch count
- If there is a discrepancy, the home team's pitch count chart will be used to resolve
- At the conclusion of the game, each team's chart must be signed by both head coaches
- Charts must be scanned and emailed to the Commissioner after the completion of each game
- The PSAA will share a Google doc with all Athletic Directors and coaches with pitch count information
- Pitches must be charted and reported to the league for all league and non-league games
- Teams must bring a binder with all NYSPHSAA pitch sheets from the year to be provided for the opposing team to look at upon request
- A pitcher who reaches the pitch count limit in the middle of an at bat is allowed to finish that at bat
- If a pitch is thrown and a balk is called, the pitch does not count towards the pitch count
- Warm up tosses and pick off attempts do not count towards the pitch count

Penalties:

- *First offense:* The head coach is suspended one game and the game is declared a forfeit
- *Second offense:* The head coach is suspended three games and the game is declared a forfeit
- *Third offense:* The head coach is suspended one calendar year and the game is declared a forfeit

Maximum # of Regular Season Pitches	# of Nights Rest	Maximum # of Post Season Pitches
96 – 105	4	103 – 125
66 – 95	3	72 – 102
31 – 65	2	41 – 71
1 – 30	1	1 - 40

- The night of rest on the night of a game counts towards the required amount of rest, meaning if a pitcher threw 96 or more pitches in a regular season game on Monday they are eligible to pitch again on Friday